

# FEBRUARY

NEWSLETTER

## Board of Directors

### President

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### Vice President

**Romey Rodriguez**

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### Secretary

**Mary Heist**

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### Treasurer

**Sheila Kniffin**

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### Member at Large

**Robin Sorrells**

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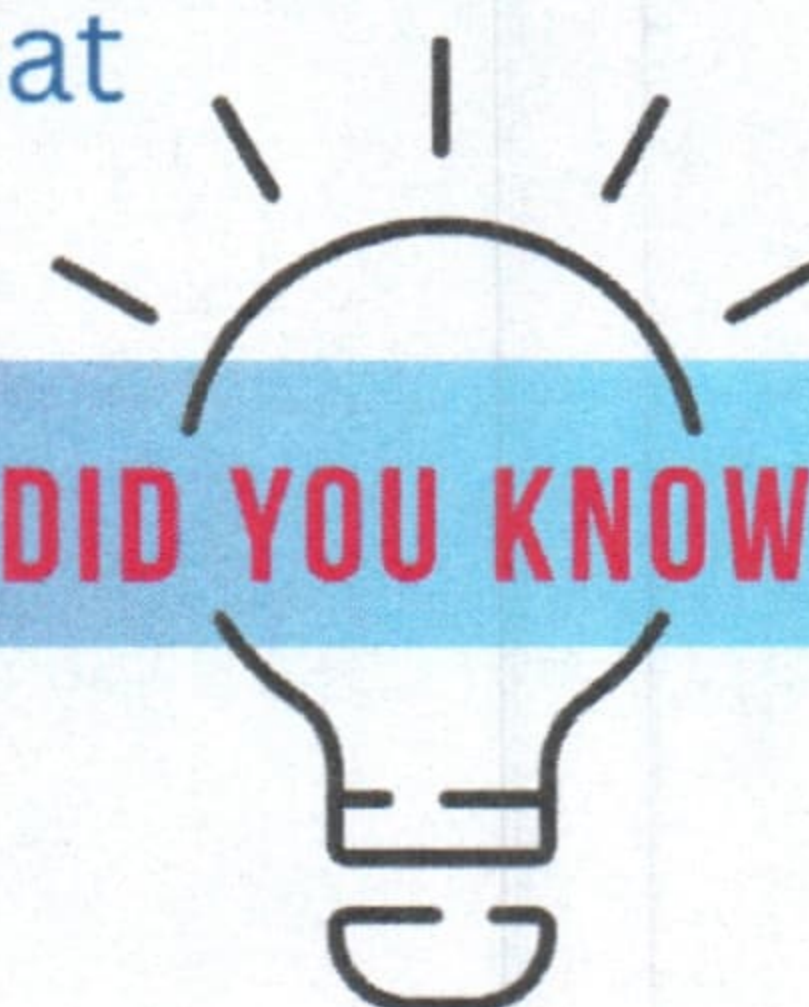
There will be  
**NO Board Meeting**  
in February.

Watch your Newsletter  
for more information  
on when the next  
**Board Meeting** will be  
scheduled.



According to the Farmer's Almanac - February's Full Moon reaches peak illumination on Sunday, February 1, 2026. Look skyward on that night to catch the best view of this Full Moon! It's known as the Snow Moon due to the typically heavy snowfall that occurs during February.

## DID YOU KNOW?



### FEBRUARY FUN FACTS -

**1885 -**

Mark Twain published the Adventures of Huckleberry Finn

**1908 -**

The first rolls of postage stamps were issued to the public

**1909 -**

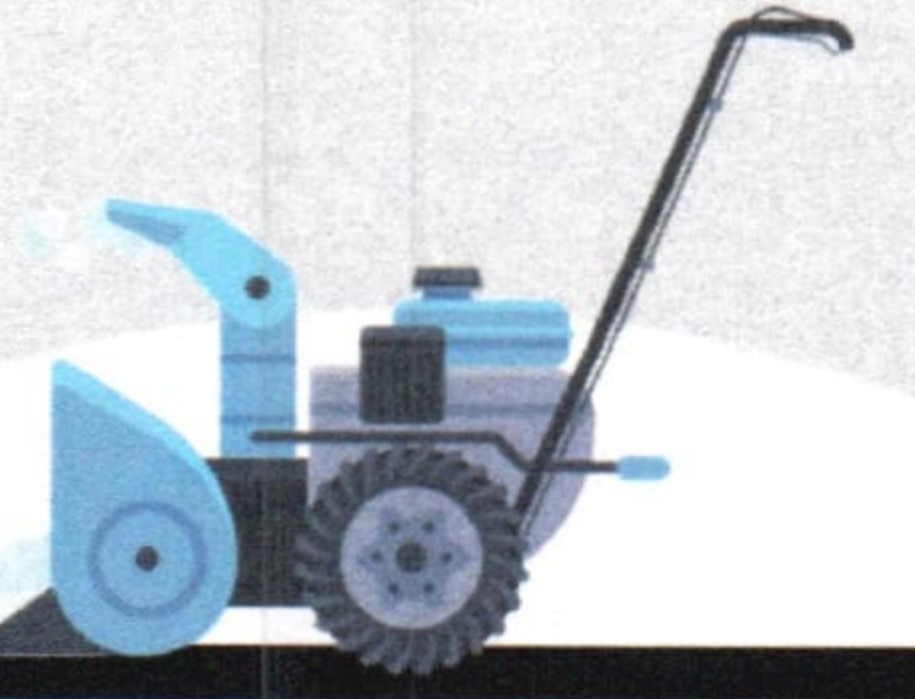
The first National Woman's Day was observed in the U.S.

**1971 -**

Astronauts in Apollo 14 landed on the moon.



Lets' Talk...



## **PARKING, PARKING, AND MORE PARKING**

During the Winter month's it is more important than ever to keep your vehicle's bumper off the sidewalk. This will assist our staff as they work to clear your sidewalks. When your bumper sits over the curb and sidewalk it creates a safety issue and could result in unsafe walking conditions. It also makes snow removal more difficult and could result in damage to your vehicle.

**THANK YOU for your cooperation!**

**PLEASE  
only park in  
PARKING SPACES**



Parking a vehicle behind other cars in a parking lot for extended periods of time (i.e., more than a few minutes) compromises safety for everyone in the parking lot and should be strictly avoided.

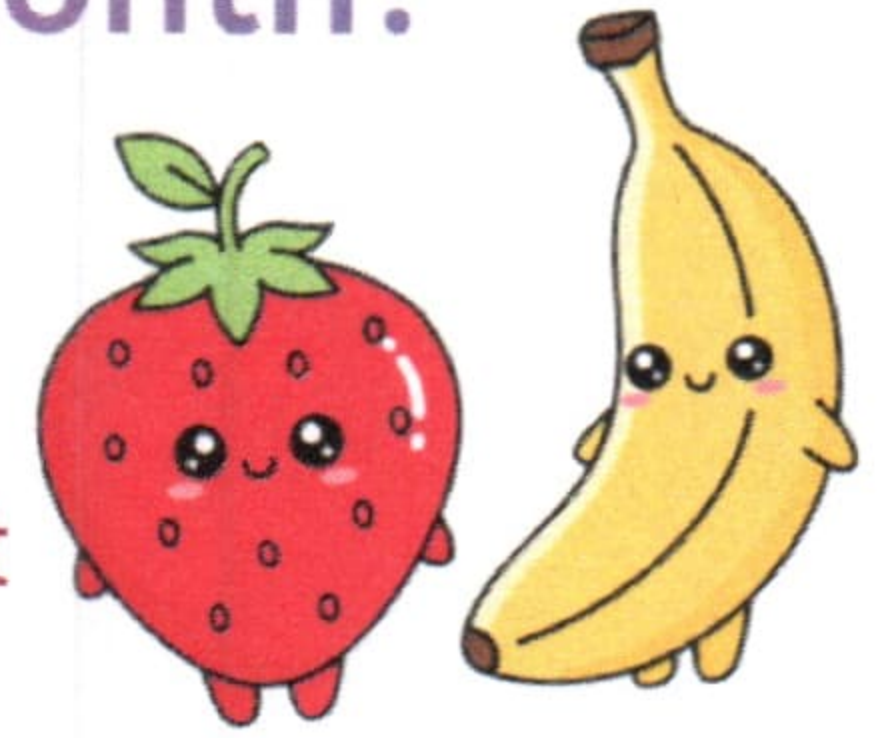
### ***In accordance with the Parking policy:***

- Vehicles must park properly between the designated lines
- Vehicles must be able to park in one space without exceeding the appropriate width and length of the parking space
- All visitors are required to park on the street or in an unmarked parking space

Parking behind other cars not only prevents cars parked properly from leaving but also creates a hazard by blocking emergency access and reducing visibility for other drivers trying to maneuver through the lot. If a driver or emergency vehicle needs to move quickly, this obstruction could lead to accidents or delays.

## Celebrating ICE CREAM for BREAKFAST this month?

Here is a healthy recipe for you to try.



### Ingredients

2 cups sliced bananas

1 ½ cups sliced strawberries

1 medium avocado (peeled, pitted, and diced)

1 teaspoon vanilla extract

2 teaspoons honey

optional toppings - whipped cream or fruit

### Instructions - makes 1 pint

Line a small baking sheet with parchment paper and spread the bananas and strawberries on it in a single layer. Freeze until solid, about 2 hours.

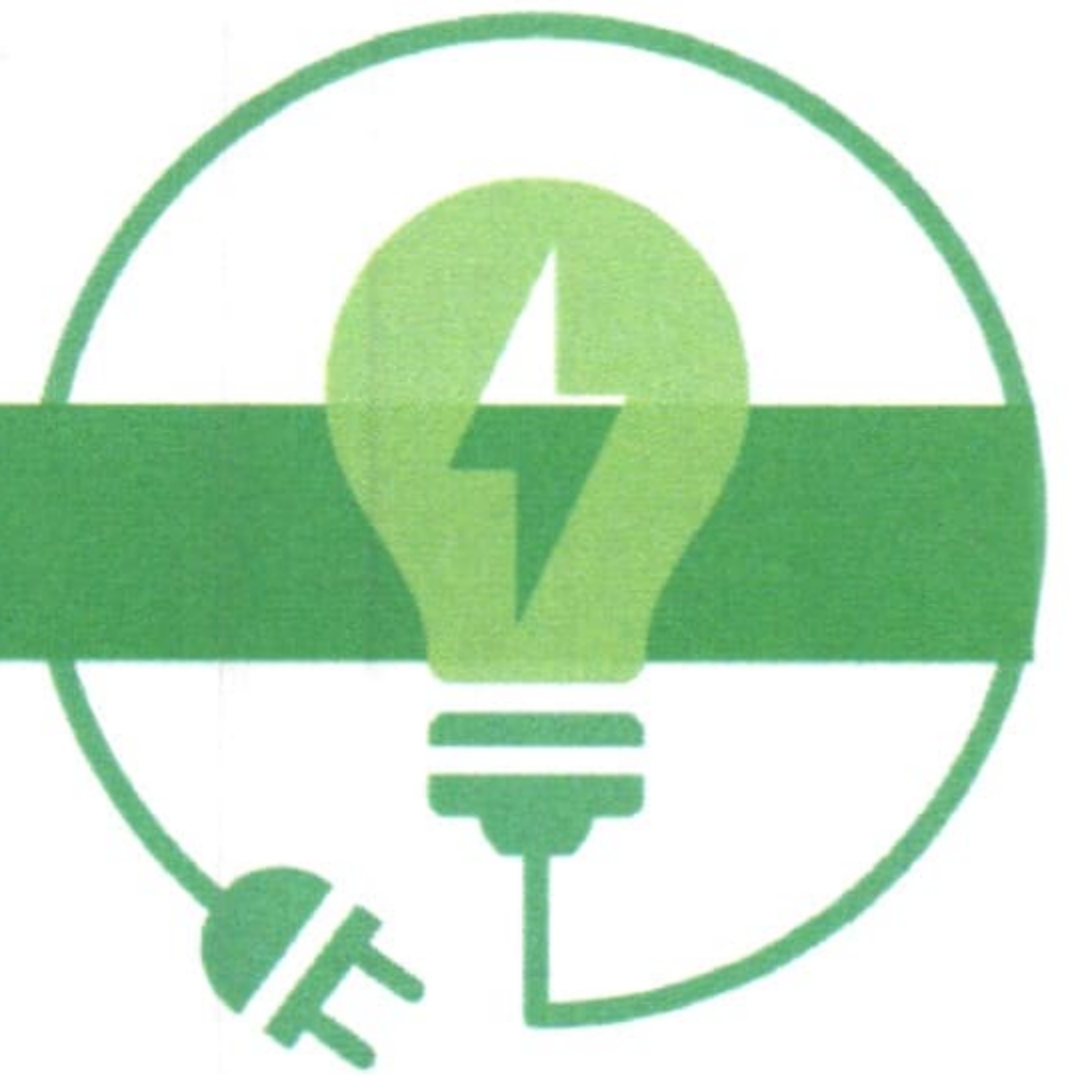
Place the frozen fruit along with the avocado in a food processor and blend until smooth. Stop and stir with a spatula if the fruit is clumping up. When almost done drizzle in the vanilla extract and honey.

Once completely smooth, scoop and serve immediately or freeze for up to 4 weeks.

Allow the ice cream to sit at room temperature for 15 minutes before scooping - it may be hard if serving it straight from the freezer.

source is from Gemma's Bigger Bolder Baking page

## Energy SAVING Corner



At Highlands Cooperative, heating costs are included in everyone's monthly carrying charges, which means we all share in both the comfort of warm homes and the responsibility of keeping those costs reasonable. Being mindful about energy use helps our whole community and supports our goal of keeping living here affordable for all Members.

According to the Open Door and Windows policy, **all windows and doors must be kept closed when the temperature outside is below 40 degrees.**

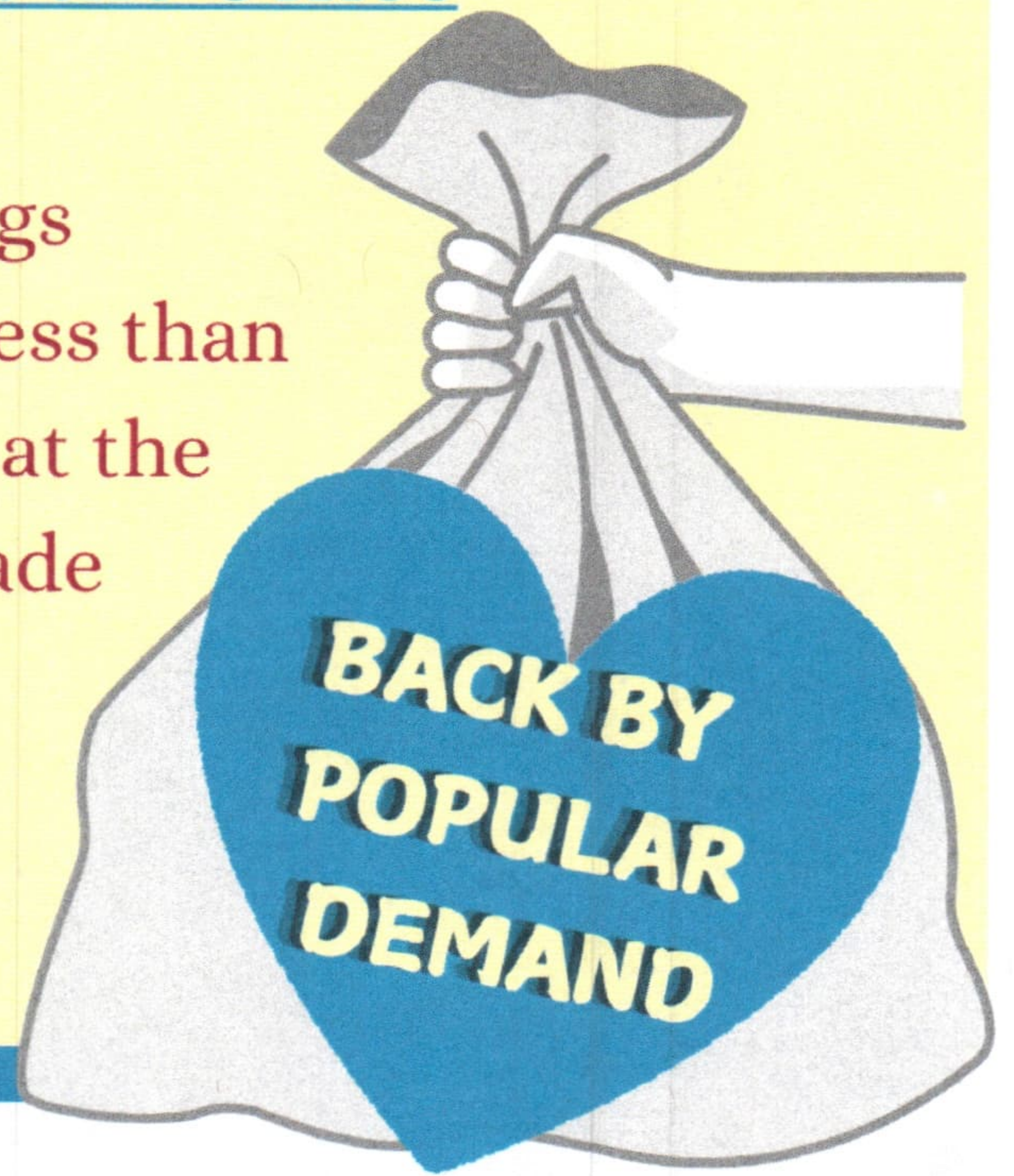
Open windows and doors during colder weather allow heat to escape and increase energy costs that affect the entire cooperative. To help offset the cost of lost energy, a fine will be charged for each door or window found open when outdoor temperatures are below 40 degrees. Details about these charges can be found in the Charge List Policy.

**Thank you for doing your part to look out for your neighbors and help Highlands remain a comfortable, cost-effective place to live.**

## Trash bags are available for sale at the Office

You can purchase a box of 250 trash bags from the office for only \$49.00. That's less than 20 cents each! Payment must be made at the time of purchase. Payment must be made by check or money order.

Cash is NOT accepted.



## Did you get a GROUPCAST Notification?



When you receive notice that we will be clearing the parking spaces, PLEASE DO NOT move your vehicle out of the parking lot until you get the (2nd) notice instructing you to move your vehicle out of the parking lot. When you move out early, you are taking spaces that members who have to move out could utilize. This forces them to park further down the street.

Also, when you get the notice to move your car back into the parking lot, *please do so as soon as possible* to open up space on the street for other members to park.

**Please be thoughtful of other Members of our community.**